

## REGISTRATION FORM

### Pre Registration is Required

(Maximum of 15 people per workshop)

Please complete this form for each attendee

and **FAX** to (03)9288 2360

Attendee: \_\_\_\_\_

Profession: \_\_\_\_\_

Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Special Dietary Requirements: (Morning Tea, Lunch & Afternoon Tea Provided)

Date	Program	Cost
23/02/2010	Managing Mental Health & Substance Use Program	
19/03/2010	MAPS: A Guide To Managing Bipolar Disorder	
19/04/2010	Managing Mental Health & Substance Use Program	
20/04/2010	MAPS: A Guide To Managing Bipolar Disorder	
7/5/2010	Managing Mental Health & Substance Use Program	
17-18/05/2010 (2 days)	Optimal Health Program	
02/06/2010	MAPS: A Guide To Managing Bipolar Disorder	
Total Cost:		

Payment to: Frameworks For Health

### Payment Method:

Cheque Please Invoice

Visa Mastercard AMEX

### Card Number

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Card Holder name: \_\_\_\_\_

Expiry Date: / /

Signature: \_\_\_\_\_

**Tax Invoice:** This form is your tax invoice upon registration and payment.

## CANCELLATION POLICY

Please note the following cancellation policy applies:

- Cancellation within 21-14 days - 70% refund (or full credit on another FFH workshop)
- Cancellation within 14 days - no refund, no credit

FFH retains the right to reschedule workshops.

## ENROLMENTS

All registration forms should be received no later than three weeks prior to the workshop date.

Registration forms should be faxed to FFH on (03)9288 2360

## SERVICES / ORGANISATIONS

FFH also provides customised training and support in your workplace at a time that suits you. Please contact us for further information.



Frameworks for Health

Frameworks For Health  
St.Vincent's Health  
Melbourne

P.O. Box 2900

Fitzroy 3065

Phone: (03)9288 2291

FAX: (03) 9288 2360

Email: monica.gilbert2@svhm.org.au



# Frameworks For Health

Frameworks for Health is a multidisciplinary team of professionals from a range of clinical and research backgrounds. Formerly known as the Collaborative Therapy Unit, based at the Mental Health Research Institute, we now reside at St Vincent's Health. We work with organizations across Australia to implement service delivery models of care and stand alone programs based on the Collaborative Therapy approach.

## Program Development & Research

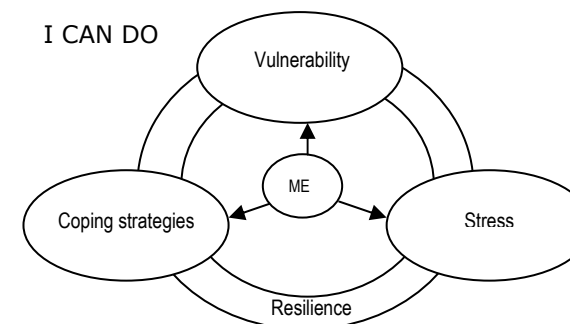
From evidence-based literature and focus groups, we design and conduct clinical research projects in partnership with public and private health services, non-government organisations and tertiary institutions. This research has yielded a number of programs based on the principles of self-efficacy and client centred practice. Whilst some of our programs are developed to meet the needs of those with specific issues, our approach consistently demonstrates a wide ranging applicability, across many organisations.

## Implementation & Training

We have a strong focus on translating the outcomes of clinical research into everyday practice, through organisational change support and high quality, dynamic education and training.

## Our Approach

The Collaborative Therapy approach provides a consistent framework for clinicians to work together, or collaborate, with individuals or groups with a range of health issues, both mental and physical, to develop strategies to gain and maintain optimal health and prevent episodes of illness or relapse.



### I Can Do

This is achieved through learning about the "I Can Do" model, which places the individual at the centre of their health care and increases their involvement in managing vulnerability and stress and using effective coping strategies to optimise their health.

## Supporting Self-Efficacy

The concept of 'self-efficacy' is an integral component of our work. Using a systematic approach, self-efficacy is enhanced within the framework of education, coping strategies, skills development and adaptation. This supports the philosophy that a person's health should not be 'dependent on' but 'supported by' the services they utilise, thus in theory, promoting an internal locus of control.

## Frameworks For Health & YOU

Our workshops employ a variety of learning models and techniques, and are specifically designed to ensure the best experience for attendees. Our programs are evidence based and are used by clinicians and workers every day to great effect. Register for a workshop today to find out what many clinicians across Victoria and Australia already know about the difference the Frameworks For Health programs can make.

